

- ◆ Advanced design accommodates lightweights and heavy lifters. Engineered with racking ss plate catches for 9-weight bar adjustment. Isolating the bar catch assembly from the weight bearing shaft prevents the binding tendency inherent in similar units with heavy loads.

SQUAT RACK ADJUSTABLE

JBR-101

- ◆ **DIMENSION:**
Length: 54 inches / 137 cms
Width : 86 inches / 218 cms
Height : 70 inches / 178 cms

- ◆ **MUSCLE WORKED:**
Full Body

